

CHRISTMAS

NUTRITION FACTS

Serving Size: 1 Festive Celebration

Daily Value	DV%
Holiday Spirit	100%
Laughter	80%
Gifts	75%
Joy	100%
Love	100%
Family Time	100%

**Percent Daily Values are based on a day of
festive cheer and joyful celebration!**

HALLOWEEN NUTRITION FACTS

Serving Size:

1 Spooky Celebration

Daily Value

DV%

Frights

90%

Candy

80%

Costumes

85%

Pumpkins

75%

Haunted Houses

60%

Chills

85%

**Percent Daily Values are based on a day of
spooky fun and Halloween excitement!**

New Year

NUTRITION FACTS

Serving Size:

1 Fresh Start

Daily Value

DV%

Resolutions

90%

Celebration

100%

Fireworks

80%

Reflection

75%

Renewal

100%

Midnight Toast

85%

Percent Daily Values are based on a day of celebration, renewal, and setting new goals for the year ahead!

Valentine's Day **NUTRITION FACTS**

Serving Size:

1 Love-Filled Day

Daily Value

DV%

Love

100%

Romance

100%

Hugs

50%

Kisses

50%

Sweetness

100%

Surprises

70%

**Percent Daily Values are based on a
relationship full of love and happiness!**

ST. PATRICK'S DAY NUTRITION FACTS

Serving Size: 1 Shamrock-Filled Day

Daily Value	DV%
Luck	100%
Green Attire	50%
Shamrocks	75%
Leprechauns	30%
Gold Coins	25%
Music	50%

Percent Daily Values are based on a day of
Irish celebration and merriment!

Easter Day

NUTRITION FACTS

Serving Size:

1 Egg-Cited Day

Daily Value

DV%

Joy

100%

Springtime

90%

Pastel Colors

75%

Chocolate Eggs

50%

Bunny Hugs

60%

Egg Hunts

85%

Percent Daily Values are based on a day filled
with Easter joy and celebration!

Mother's Day

NUTRITION FACTS

Serving Size:

1 Heartwarming Day

Daily Value

DV%

Love

100%

Hugs

80%

Smiles

90%

Appreciation

100%

Thoughtfulness

75%

Pampering

70%

Percent Daily Values are based on a day dedicated to celebrating and honoring Moms everywhere!

FATHER'S DAY

NUTRITION FACTS

Serving Size:

1 Memorable Day

Daily Value

DV%

Love

100%

Respect

100%

Gratitude

85%

Quality Time

90%

Gifts

60%

Admiration

100%

Percent Daily Values are based on a day of celebrating and honoring Dads everywhere!

Thanksgiving Day

NUTRITION FACTS

Serving Size: 1 Gratitude-Filled Feast

Daily Value	DV%
Gratitude	100%
Family Time	100%
Delicious Feasts	90%
Turkey	85%
Stuffing	75%
Pumpkin Pie	80%

Percent Daily Values are based on a day of celebration, gratitude, and togetherness!

VETERANS DAY

NUTRITION FACTS

Serving Size:

1 Honoring Day

Daily Value

DV%

Respect

100%

Gratitude

100%

Honoring

100%

Valor

90%

Patriotism

100%

Tributes

80%

Percent Daily Values are based on a day of honoring and remembering the service and sacrifices of veterans!